

|                                                                                                            |  |  |                                     |                     |                                       |                          |                                   |
|------------------------------------------------------------------------------------------------------------|--|--|-------------------------------------|---------------------|---------------------------------------|--------------------------|-----------------------------------|
|  <b>SØRLANDET SYKEHUS</b> |  |  |                                     | <b>Foretaksnivå</b> |                                       | <b>Generelt dokument</b> |                                   |
| <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                           |  |  |                                     |                     |                                       |                          | <b>Side 1 av 32</b>               |
| Dokumentplassering:<br><b>I.2.1.7.4-20</b>                                                                 |  |  | Godkjent dato:<br><b>09.11.2024</b> |                     | Revideres innen:<br><b>09.11.2026</b> |                          | Sist endret:<br><b>09.11.2024</b> |
|                                                                                                            |  |  |                                     |                     |                                       |                          | Versjon:<br><b>1.00</b>           |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

ENDRINGER FRA FORRIGE VERSJON: []

Utarbeidet av: OUS

Plan ID: <ikke styrt> Versjon:

Revideres innen dato: 2026

Lokaltilpassing av plan fra OUS

Fagansvarlig SSHF: Mari Sjeggestad Bjørnsen, fagsykepleier 3C SSA

Oppdatert dato: 2024

Oppdatert kunnskapsgrunnlag dato: 2023

|                        |                                    |   |                            |    |                                |
|------------------------|------------------------------------|---|----------------------------|----|--------------------------------|
| 4                      | ELWSEIUG\WSEKSE\SEIETIOU\ITPBIENGE | 8 | ZWEIETEL\ZEWU\WVIE\VEIWEIE | 15 | WUWSE\WSEGESEIWEIE SEIWIETETEL |
| 3                      | WSEBIWSEIUG\ZIEIKUWSEIUG           | 7 | WKEIWIETEL\WUWSEIUGSEIENGE | 14 | WUWSEIUG\WUWSEIUG\WUWSEIUG     |
| 5                      | KUWUWSEIUG\WUWSEIUG\WUWSEIUG       | 9 | WUWSEIUG\WUWSEIUG          | 16 | ZOSEIETEL\WUWSEIUG\WUWSEIUG    |
| 6                      | KUWUWSEIUG\WUWSEIUG                | 0 | EIWIWSEIUG                 | 0  | ZEKSEIETEL\WUWSEIUG\WUWSEIUG   |
| WUWSEIUG\WUWSEIUG (WU) |                                    |   |                            |    |                                |

| FO | ICNP      | Sykepleiediagnose       | ICNP           | Resultat og intervensjon                                                   | Spesifiser                      | Frekvens/situasjon | Referanse |
|----|-----------|-------------------------|----------------|----------------------------------------------------------------------------|---------------------------------|--------------------|-----------|
| 1  | Meldt inn | Risiko for svekket syn  | 31342001       | Bedret syn                                                                 |                                 |                    |           |
|    |           |                         | 225363004      | øystell                                                                    |                                 |                    |           |
|    |           |                         | 386353009      | administrasjon av legemiddel i øye                                         | Spesifiser                      |                    | 1,8       |
|    |           |                         |                | Øyeskylling Øyeskylling SSHF” Id: 38124                                    | Spesifiser                      |                    |           |
|    |           |                         |                | Øyetrykksmåling Øyetrykksmåling med Icare tonomerter SSA” Id: 38356        | Spesifiser                      |                    |           |
|    |           |                         | 1333898004     | Preoperativ pleie                                                          |                                 |                    |           |
|    |           |                         | 115979005      | Stabilisering                                                              | Før transport til annet sykehus |                    |           |
|    |           |                         |                | EkWeb: ”Mottak av øyepasienten ved øyeblikkelig hjelp SSA/ SSHF” Id: 39128 |                                 |                    |           |
| 1  | 288575003 | Kommunikasjonshinder    | 15981000202104 | Tilfredsstillende kommunikasjon                                            |                                 |                    |           |
|    |           |                         | 12201000202107 | Tilrettelegging for god kommunikasjon                                      |                                 |                    |           |
|    |           |                         | 423785008      | Sørge for tolketjeneste EkWeb: ”Tolketjeneste i SSHF” Id: 00908            |                                 |                    |           |
| 6  | 70436006  | risiko for øyeinfeksjon | 397680002      | Ingen tegn eller symptomer på infeksjon                                    |                                 |                    |           |
|    |           |                         | 386335003      | Infeksjonsforebygging                                                      |                                 |                    |           |

|                                                                                                      |                                                                        |                             |                                                                    |                          |
|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------|--------------------------------------------------------------------|--------------------------|
| Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggestad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggestad Bjørnsen, fagsykepleier 3C SSA</b> | Verifisert av:<br><b>[]</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Dok.nr:<br><b>D59316</b> |
|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------|--------------------------------------------------------------------|--------------------------|

|                                                                                   |                                                                                                       |                                                                   |                              |                                                                |                   |                   |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------|----------------------------------------------------------------|-------------------|-------------------|
|  |                                                                                                       | Veiledende plan for sykepleiepraksis: Øye                         |                              |                                                                |                   | Side: 2<br>Av: 32 |
| Dokument-id:<br>I.2.1.7.4-20                                                      | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00 |                   |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|   |           |                                          |                 |                                                                                                                                                                                                                 |                   |  |   |
|---|-----------|------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--|---|
|   |           |                                          | 1156334004      | Vurdering av behov for øyestell                                                                                                                                                                                 |                   |  |   |
|   |           |                                          |                 | EkWeb: "Behandling av keratitt på post SSA/ SSHF" Id: 40998                                                                                                                                                     |                   |  |   |
| 2 | 12986800  | Mangelfull kunnskap om behandlingsregime | 225795001       | Er informert                                                                                                                                                                                                    |                   |  |   |
|   |           |                                          | 39155009        | Undervisning om behandlingsregime                                                                                                                                                                               | Forklare forløp   |  | 8 |
|   |           |                                          |                 | EkWeb: "Behandling av keratitt på post SSA/ SSHF" Id: 40998                                                                                                                                                     |                   |  |   |
|   |           |                                          |                 | EkWeb: "Øyetrykksmåling med Icare tonometer SSA" Id: 38356                                                                                                                                                      |                   |  |   |
|   |           |                                          |                 | EkWeb: "Øyeskylling SSHF" Id: 38124                                                                                                                                                                             |                   |  |   |
| 3 | 129899009 | Blodtrykksendring                        | 15831000202109  | Tilfredstillende blodtrykk                                                                                                                                                                                      |                   |  | 2 |
|   |           |                                          | 46973005        | Blodtrykksmåling                                                                                                                                                                                                |                   |  |   |
|   |           |                                          | 18629005        | Administrasjon av legemiddel                                                                                                                                                                                    | Blodtrykksmedisin |  |   |
| 3 | 733741005 | Nedsatt funksjon i sirkulasjonssystem    | 278811000202109 | Tilfredsstillende sirkulasjon                                                                                                                                                                                   |                   |  |   |
| - | -         | -                                        | 304495004       | Overvåking av vitale tegn                                                                                                                                                                                       |                   |  |   |
| - | -         | -                                        |                 | "Bruk av NEWS 2 ved SSHF" EKweb id 49779                                                                                                                                                                        |                   |  |   |
| - | -         | -                                        | 423687009       | Stell av perifert venekateter                                                                                                                                                                                   |                   |  |   |
| - | -         | -                                        |                 | PVK - Perifert venekateter - Innleggelse, stell og bruk hos voksne SSHF <a href="https://ek-sshf.sikt.sykehuspartner.no/docs/pub/dok17589.htm">https://ek-sshf.sikt.sykehuspartner.no/docs/pub/dok17589.htm</a> |                   |  |   |
| 4 | 424167000 | Risiko for ustabil blodsukker            | 166921001       | Normalt blodsukker                                                                                                                                                                                              |                   |  | 2 |
|   |           |                                          | 418389000       | håndtering av blodsukker                                                                                                                                                                                        |                   |  |   |
|   |           |                                          | 33747003        | Blodsukkermåling                                                                                                                                                                                                |                   |  |   |
| 7 | 129839007 | Risiko for fall                          | 1141715008      | Ingen fall                                                                                                                                                                                                      |                   |  |   |
|   |           |                                          | 386296001       | Forebygging av fall                                                                                                                                                                                             |                   |  |   |
|   |           |                                          | 414191008       | Vurdering av risiko for fall                                                                                                                                                                                    |                   |  | 5 |

|                                                                                                     |                                                                                                       |                                                                   |                              |                                                                |                   |                   |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------|----------------------------------------------------------------|-------------------|-------------------|
|  SØRLANDET SYKEHUS |                                                                                                       | Veiledende plan for sykepleiepraksis: Øye                         |                              |                                                                |                   | Side: 3<br>Av: 32 |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00 |                   |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|    |           |                                      |                |                                                                                                 |                 |  |   |
|----|-----------|--------------------------------------|----------------|-------------------------------------------------------------------------------------------------|-----------------|--|---|
|    |           |                                      |                | Score Trygg -Arena                                                                              |                 |  |   |
|    |           |                                      |                | EkWeb: "Fallforebygging - sykepleie – SSHF" Id: 34732                                           |                 |  |   |
|    |           |                                      |                | Se VP Fall - forebygge                                                                          |                 |  | 6 |
| 7  | 704439001 | Vansker med å utføre personlig stell | 284968001      | I stand til på- og avkleddning                                                                  |                 |  |   |
|    |           |                                      | 16361000202101 | Tilfredsstillende personlig hygiene                                                             |                 |  |   |
|    |           |                                      | 1156582006     | Tilrettelegging for personlig hygiene                                                           |                 |  |   |
|    |           |                                      | 704444008      | Bistand ved stell                                                                               |                 |  |   |
| 8  | 274663001 | Akutt smerte                         | 1149085006     | Tilfreds med smertelindring                                                                     |                 |  |   |
|    |           |                                      | 225399009      | Vurdering av smerte                                                                             |                 |  |   |
|    |           |                                      |                | EkWeb: "Smertevurdering - våkne pasienter - ved hjelp av smerteverktøy NRS og CAS" Id: 28412    |                 |  |   |
|    |           |                                      | 52685006       | Administrering av smertestillende                                                               |                 |  |   |
|    |           |                                      | 410397006      | Overvåking av virkning og bivirkning av legemiddel                                              | Smertestillende |  |   |
| 10 | 371754007 | Utskrivelsesplanlegging              | 430567009      | Klar for utskrivelse                                                                            |                 |  |   |
|    |           |                                      | 371754007      | Planlegging av utskrivelse                                                                      |                 |  |   |
|    |           |                                      | 710915002      | Henvvisning til kommunale tjenester                                                             | Ved behov       |  |   |
|    |           |                                      |                | EkWeb: "DIPS - PLO Sjekkliste for innhold i Helseopplysninger og Utskrivningsrapport" Id: 42375 |                 |  |   |

## Referanser

1. [Schub E, Schub T, Pravikoff D. Eye Drops: Administering. CINAHL Nursing Guide, 2023, July 20.](#) Hentet 08.11.2023.
2. D'Amico D, Shah, AR. [Diabetic retinopathy: Prevention and treatment](#) I:UpToDate. Oppdatert 04.01.2024. Hentet 08.01.2024.
3. [Walsh K, Schub T, Pravikoff D. Eye Patching: Performing. CINAHL Nursing Guide, 2023 January 26.](#) Hentet 22.11.2023.
4. [Fossen K, Varhaug P, Bjune C. Amotio Retinae \(Netthinneavløsning\). I: Oftalmologi - Nasjonal kvalitetshåndbok for oftalmologi 2016.](#) Sist faglig oppdatert 05.12.2019. Hentet 14.02.2024.
5. [Parks-Chapman J, Cabrera G, Pravikoff D. Glaucoma Quick lesson. CINAHL Nursing Guide, July 6, 2018](#) Hentet 14.02.2024.
6. Rushing J. Helping a patient who's visually impaired. 2007. Nursing2007. DOI: [10.1097/01.NURSE.0000282697.97736.f1](#)

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|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------|----------------------------------------------------------------|---------------------------------|
|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 4</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00               |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

7. [Heering H, Parks-Chapman J, Pravikoff D. Keratitis: an Overview. CINAHL Nursing Guide, January 12, 2018](#) Oppdatert oktober 2021. Hentet 08.01.2024.
8. Watkinson, S. Assessment and management of patients with acute red eye. (2013). Nursing Older People. 25,5,27-34

## Metoderapport

### VBP: ØYE

#### AVGRENSNING OG FORMÅL

##### Overordnede mål er:

- 1 Sikre kontinuitet og optimal behandling/pleie til pasienter med øyesykdom.  
Revisjon 2024: samme mål som tidligere.

##### Helsepørsmål(ene) i VBP-en er:

- 2 Hvordan gi optimal sykepleie til pasienter med øyesykdommer?

##### Populasjonen (pasienter, befolkning osv) VBP-en gjelder for:

- 3 Øyepasienter, innlagte pasienter med øyesykdommer.

#### INVOLVERING AV INTERESSETER

##### Arbeidsgruppen som har utarbeidet VBP-en har med personer fra alle relevante faggrupper (navn, tittel og arbeidssted noteres):

Revisjon høsten 2024: SSHF. Fagansvarlig for øye på 3C SSA Mari Sjeggstad Bjørnsen har lokaltilpasset planen. Det er endret til egne prosedyrer på EK web og fjernet punkter som ikke er aktuelle på vårt sykehus.

Revisjon vår 2024: Utført av Eline Uthberg Omdal, fagsykepleier, øye sengepost.

- 4 På grunn av ressursbruk på sengeposten, har det vært vanskelig å ha en arbeidsgruppe. Sykepleier Andrea Ottesen, sykepleier Synne Egeland, sykepleier Vera Våga og sykepleier Merete Klevgård har gjennomgått planen.

Tidligere har disse jobbet med planen:

Elma Jelin, fagsykepleier, Øyeavdelingen, Torgun Næss fagsykepleier Øyeavdelingen  
Anette Erdal Fredriksen, sykepleier, Øye sengepost, Hanne Kolden, sykepleier, Øye sengepost i Andrea Ottesen, sykepleier, Øye sengepost, Espen Mikael Vatn, sykepleier Øye sengepost og Marie Antoniussen, sykepleier, Øye sengepost, HHA.

##### Synspunkter og preferanser fra målgruppen (pasienter, befolkning osv) som VBP-en gjelder for:

- 5 Arbeidsgruppens egne erfaringer med pasientgruppen.

##### Målgruppe er klart definert:

- 6 Sykepleiere, spesialsykepleiere, helsefagarbeidere.

#### METODISK NØYAKTIGHET

##### Systematiske metoder ble benyttet for å søke etter kunnskapsgrunnlaget:

- 7 Litteratursøk er gjennomført av bibliotekar ved medisinsk bibliotek på bakgrunn av PICO-skjema.

##### Kriterier for utvalgelse av kunnskapsgrunnlaget er:

- 8 Det ble søkt både oppsummert forskning og enkelt studier i både internasjonale og skandinaviske databaser. Kriterier for utvalgelse var knyttet til øyesykepleie.

|                                                                                   |                                                                                                       |                                                                   |                              |                                                                |                   |
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|  |                                                                                                       | Veiledende plan for sykepleiepraksis: Øye                         |                              |                                                                | Side: 5<br>Av: 32 |
| Dokument-id:<br>I.2.1.7.4-20                                                      | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00 |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|                                  |                                                                                                                                                                                                                                                                                                                                                                   |
|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9                                | <p><b>Styrker og svakheter ved kunnskapsgrunnlaget er:</b></p> <p>2024: Svakheter er at det finnes svært lite relevant litteratur, styrker er at den litteraturen som finnes følger vi i stor grad. Noe av litteraturen er av eldre dato, men er blitt vurdert til å fortsatt være relevant.</p> <p>2020: Lagt til litteratur om <i>diabetes og keratitt</i>.</p> |
| 10                               | <p><b>Metodene som er brukt for å utarbeide anbefalingene er:</b></p> <p>2024: Fagsykepleier har lest gjennom litteraturen. Benyttet den samme litteraturen som tidligere plan. Anbefalinger og tiltak er formulert på bakgrunn av litteratur og erfarings basert kunnskap. VBPen er revidert og den har nå det nye kodeverket ICNP.</p>                          |
| 11                               | <p><b>Helsemessige fordeler, bivirkninger og risikoer er tatt i betraktning ved utarbeidelsen av anbefalingene:</b></p> <p>Ja. Ingen bivirkninger.</p>                                                                                                                                                                                                            |
| 12                               | <p><b>Det fremgår tydelig hvordan anbefalingene henger sammen med kunnskapsgrunnlaget:</b></p> <p><b>2023:</b> Planen er revidert med bruk av kodeverket ICNP.</p> <p><b>2021:</b> Ja. Det er brukt Vancouver referansestil.</p>                                                                                                                                  |
| 13                               | <p><b>VBP-en er blitt vurdert eksternt av eksperter før publisering:</b></p> <p>Vi har hatt flere møter og inkludert nøkkelpersoner i avdelingen.</p> <p>Revidering 2020: ikke kontaktet eksterne eksperter.</p>                                                                                                                                                  |
| 14                               | <p><b>Tidsplan og ansvarlige personer for oppdatering av VBP-en er:</b></p> <p>Godkjennes for 3 år, eHåndbok dokumentansvarlig er ansvarlig for at revidering utføres innen 3 år. Planen kan revideres tidligere ved behov for endringer, for eksempel ved innhenting av ny kunnskap og brukerbehov.</p>                                                          |
| <b>KLARHET OG PRESENTASJON</b>   |                                                                                                                                                                                                                                                                                                                                                                   |
| 15                               | <p><b>Anbefalingene er spesifikke og tydelige:</b></p> <p>Ja. Revisjonen av VBP er gjennomgått og bearbeidet flere ganger i avdelingen med nøkkelpersoner og brukere av planen. Alle innspill som brukere har foreslått er tatt i betraktning.</p> <p>Revisjon 2020: endret på rekkefølge etter innspill fra brukerne.</p>                                        |
| 16                               | <p><b>De ulike mulighetene for håndtering av tilstanden eller helse spørsmålet er klart presentert:</b></p> <p>Det velges tiltak/forordninger ut fra kunnskap og erfaring. De skal konkretiseres ut i fra pasientens behov i pasientens individuelle behandlingsplan.</p>                                                                                         |
| 17                               | <p><b>De sentrale anbefalingene er lette å identifisere:</b></p> <p>Ja. Sykepleiere (brukere/nøkkelpersoner) har prioritert de tiltakene/forordningene som er mest bruk og rangert disse til å komme tidligst i planen for bedre brukervennlighet.</p>                                                                                                            |
| <b>ANVENDBARHET</b>              |                                                                                                                                                                                                                                                                                                                                                                   |
| 18                               | <p><b>Faktorer som hemmer og fremmer bruk av VBP-en:</b></p> <p>Oppmuntrer de til å bruke andre VBP ved for eksempel problemer med eliminasjon.</p>                                                                                                                                                                                                               |
| 19                               | <p><b>Hvilke råd og/eller verktøy for bruk i praksis er VBP-en støttet med:</b></p> <p>Flere fagprosedyrer, Forskning nasjonal og internasjonal.</p>                                                                                                                                                                                                              |
| 20                               | <p><b>Potensielle ressursmessige konsekvenser ved å anvende anbefalingene er:</b></p> <p>En potensiell ressursmessig konsekvens kan være at sykepleierne arbeider mer kunnskapsbasert, blant annet ved lettere tilgjengelige eHåndboksdokumenter</p>                                                                                                              |
| 21                               | <p><b>Kriterier for etterlevelse og evaluering:</b></p> <p>Det er viktig at behandlingsplan er individualisert og tilpasset pasienten og at forordninger avsluttes når de ikke lenger er aktuelle for pasienten.</p>                                                                                                                                              |
| <b>REDAKSJONELL UAVHENGIGHET</b> |                                                                                                                                                                                                                                                                                                                                                                   |
| 22                               | <p><b>Synspunkter fra finansielle instanser har ikke hatt innvirkning på innholdet i VBP-en:</b></p> <p>Ingen.</p>                                                                                                                                                                                                                                                |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 6</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00               |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|    |                                                                                                   |
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| 23 | <b>Konkurrerende interesser i arbeidsgruppen bak VBP-en er dokumentert og håndtert:</b><br>Ingen. |
|----|---------------------------------------------------------------------------------------------------|

## Dokumentasjon av litteratursøk for VBP

Til søk for VBP utfører vi søk i de basene som er beskrevet nedenfor, dette etter avtale med Klinisk Dokumentasjon Sykepleie (KDS) - DP Løsning Regional EPJ.

Vi søker i et begrenset antall databaser, de fleste er kilder for oppsummert forskning. I databasene PubMed/Medline vil vi ofte begrense søket til mulige systematiske oversikter/retningslinjer.

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| <b>Problemstilling</b>                         | Hvordan gi optimal sykepleie til pasienter med øyesykdom?<br>Behandles medisinsk og/eller kirurgisk |
| <b>Bibliotekar som utførte/veiledet søket:</b> | Toril M. Hestnes<br><a href="mailto:t.m.hestnes@ub.uio.no">t.m.hestnes@ub.uio.no</a>                |
| <b>Kontaktperson/avd.</b>                      | Eline Uthberg Omdal                                                                                 |
| <b>Dato for søk:</b>                           | 08.11.2023                                                                                          |
| <b>Navn VBP</b>                                | ØYE                                                                                                 |

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| <b>Database/ressurs:</b> | Fagprosedyrer ved OUS (obligatorisk)<br><a href="#">Fagprosedyrer for voksne</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Søkehistorie:</b>     | Sett gjennom listene Infeksjon, Kirurgi, Informasjon/oppfølging.<br>Søkt på øye                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Treff:</b>            | Øye - PO Overvåkning vakttid- UL. Retningslinje, Oslo universitetssykehus, 2021<br><a href="https://ehandboken.ous-hf.no/document/23620">https://ehandboken.ous-hf.no/document/23620</a><br><br>Øye. Veileder, Oslo universitetssykehus, 2020<br><a href="https://ehandboken.ous-hf.no/document/130980">https://ehandboken.ous-hf.no/document/130980</a><br><br>Øyestell. Prosedyre, Oslo universitetssykehus, 2020<br><a href="https://ehandboken.ous-hf.no/document/12364">https://ehandboken.ous-hf.no/document/12364</a><br><br>Øyestell til respiratorpasient (PO/INT) - voksne og barn. Prosedyre, Oslo universitetssykehus, 2020<br><a href="https://ehandboken.ous-hf.no/document/141109">https://ehandboken.ous-hf.no/document/141109</a><br><br>Øyedråper – administrering. Prosedyre, Oslo universitetssykehus, 2020<br><a href="https://ehandboken.ous-hf.no/document/12283">https://ehandboken.ous-hf.no/document/12283</a><br><br>Operasjon – Øye, generell. Veileder, Oslo universitetssykehus, 2017<br><a href="https://ehandboken.ous-hf.no/document/87959">https://ehandboken.ous-hf.no/document/87959</a> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 7</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00               |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Intravitreal injeksjon Øye Poliklinikk. Prosedyre, Oslo universitetssykehus, 2016<br/> <a href="https://ehandboken.ous-hf.no/document/2995">https://ehandboken.ous-hf.no/document/2995</a></p> <p>Ytre skader på øyet. Veileder, Oslo universitetssykehus, 2015<br/> <a href="https://ehandboken.ous-hf.no/document/36276">https://ehandboken.ous-hf.no/document/36276</a></p> <p>Injeksjonsbehandling i øyet (Ved aldersrelatert makuladegenerasjon AMD).<br/> Pasientinformasjon – behandling, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/48553">https://ehandboken.ous-hf.no/document/48553</a></p> <p>Øye - Anestesi generelt – US. Retningslinje, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/23613">https://ehandboken.ous-hf.no/document/23613</a></p> <p>Operasjon Øye – Fremre. Veileder, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/109758">https://ehandboken.ous-hf.no/document/109758</a></p> <p>Legemiddelhåndtering og medikamentutblanding - Øye operasjonsavd.<br/> Prosedyre, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/128640">https://ehandboken.ous-hf.no/document/128640</a></p> <p>Rutiner for bestilling og oppfølging av prøver og prøvesvar ved Øyeavdelingen.<br/> Prosedyre, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/54549">https://ehandboken.ous-hf.no/document/54549</a></p> <p>NEWS for medisinsk stabile øyepasienter. Prosedyre, Oslo universitetssykehus<br/> <a href="https://ehandboken.ous-hf.no/document/131013">https://ehandboken.ous-hf.no/document/131013</a></p> <p>Medfødt øyelokksptose (Congenitt øyelokksptose). Pasientinformasjon - sykdom/diagnose<br/> <a href="https://ehandboken.ous-hf.no/document/76827">https://ehandboken.ous-hf.no/document/76827</a></p> |
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| <b>Database/ressurs:</b> | <b>VAR HEALTHCARE</b> (tidligere PPS - Praktiske prosedyrer i sykepleietjenesten) |
| <b>Søkehistorie:</b>     | Dere ser selv i E-håndboka -> Kunnskapskilder > VAR                               |
| <b>Treff:</b>            |                                                                                   |

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| <b>Database/ressurs:</b> | <b>Nasjonale retningslinjer fra Helsedirektoratet</b>                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Søkehistorie:</b>     | Sett gjennom liste (+ evt «nye under arbeid»)                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Treff:</b>            | Nasjonal faglig retningslinje for diabetes : Retinopati og regelmessig netthinneundersøkelse ved diabetes. Oslo: Helsedirektoratet, 2016 (sist faglig oppdatert 30. juni 2023). Tilgjengelig fra<br><a href="https://www.helsedirektoratet.no/retningslinjer/diabetes/retinopati-og-regelmessig-netthinneundersokelse-ved-diabetes">https://www.helsedirektoratet.no/retningslinjer/diabetes/retinopati-og-regelmessig-netthinneundersokelse-ved-diabetes</a> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 8</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>        |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Nasjonal faglig retningslinje for håndtering av CBRNE-hendelser med personskade. Oslo: Helsedirektoratet, Avd. Beredskap, 2017. Tilgjengelig fra <a href="https://www.helsedirektoratet.no/retningslinjer/handtering-av-cbrne-hendelser-med-personskade">https://www.helsedirektoratet.no/retningslinjer/handtering-av-cbrne-hendelser-med-personskade</a></p> <p>Prioriteringsveileder – Øyesykdommer. Oslo: Helsedirektoratet, 2015 (sist faglig oppdatert 02. november 2015). Tilgjengelig fra <a href="https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/oyesykdommer">https://www.helsedirektoratet.no/veiledere/prioriteringsveiledere/oyesykdommer</a></p> <p>Nasjonal faglig retningslinje for antibiotika i primærhelsetjenesten : Øyeinfeksjoner. Oslo: Helsedirektoratet, 2012 (sist faglig oppdatert 7. september 2022). Tilgjengelig fra <a href="https://www.helsedirektoratet.no/retningslinjer/antibiotika-i-primærhelsetjenesten/oyeinfeksjoner">https://www.helsedirektoratet.no/retningslinjer/antibiotika-i-primærhelsetjenesten/oyeinfeksjoner</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Folkehelseinstituttet - rapporter og trykksaker</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Søkehistorie:</b>     | Øye, øyesykdom, øyesykdommer, synsproblemer, retina, retinopati, macula, makula, makulopati, maculadegenerasjon, makuladegenerasjon, netthinne, netthinneavløsning, netthinneavsløsning, strabisme, glaucom, glaukom, korneaerosjon, nevro-oftalmologi, ocular/okular/okulær hypertensjon, keratitt, konjunktivitt                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Treff:</b>            | <p>Minimal-invasiv glaukomkirurgi (MIGS) for individer med glaukom. En metodevurdering. Folkehelseinstituttet, 2021<br/> <a href="https://www.fhi.no/publ/2021/minimal-invasiv-glaukomkirurgi-migs-for-individer-med-glaukom/">https://www.fhi.no/publ/2021/minimal-invasiv-glaukomkirurgi-migs-for-individer-med-glaukom/</a></p> <p>Konjunktivitt, infeksjøs. Smittevernveilederen, Folkehelseinstituttet, 2020<br/> <a href="https://www.fhi.no/sm/smittevernveilederen/sykdommer-a-a/konjunktivitt-infeksjos---veileder-/">https://www.fhi.no/sm/smittevernveilederen/sykdommer-a-a/konjunktivitt-infeksjos---veileder-/</a></p> <p>Diagnostikk av øyeinfeksjoner. Strategirapport. Folkehelseinstituttet, 2020<br/> <a href="https://www.fhi.no/publ/strategimoter/strategimote-nr.-32-2018-diagnostikk-av-oyeinfeksjoner">https://www.fhi.no/publ/strategimoter/strategimote-nr.-32-2018-diagnostikk-av-oyeinfeksjoner</a></p> <p>Synsscreening for barn yngre enn 18 år: en systematisk oversikt. Folkehelseinstituttet, 2018<br/> <a href="https://www.fhi.no/publ/2018/synsscreening-for-barn-yngre-enn-18-ar-en-systematisk-oversikt/">https://www.fhi.no/publ/2018/synsscreening-for-barn-yngre-enn-18-ar-en-systematisk-oversikt/</a></p> <p>Diabetesrelatert øyeundersøkelse – flere kommer trolig til kontroll - Cochrane: Kort oppsummert. Folkehelseinstituttet, 2018<br/> <a href="https://www.fhi.no/publ/2018/diabetesrelatert-oyeundersokelse--flere-kommer-trolig-til-kontroll---cochra/">https://www.fhi.no/publ/2018/diabetesrelatert-oyeundersokelse--flere-kommer-trolig-til-kontroll---cochra/</a></p> <p>Tiltak ved synsfeltutfall etter hjerneslag: en systematisk oversikt. Rapport, Folkehelseinstituttet, 2017</p> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 9</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00               |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p><a href="https://www.fhi.no/publ/2017/tiltak-ved-synsfeltutfall-etter-hjerneslag-en-systematisk-oversikt/">https://www.fhi.no/publ/2017/tiltak-ved-synsfeltutfall-etter-hjerneslag-en-systematisk-oversikt/</a></p> <p>Diabetesrelatert øyeskade – effektivt med blodtrykkskontroll? Omtale av Cochrane-oversikt - 2015<br/> <a href="https://www.fhi.no/publ/2015/diabetesrelatert-oyeskade--effektivt-med-blodtrykkskontroll/">https://www.fhi.no/publ/2015/diabetesrelatert-oyeskade--effektivt-med-blodtrykkskontroll/</a></p> <p>Synet blir bedre med VEGF-hemmere hos personer som har aldersrelatert makuladegenerasjon. Omtale av Cochrane-oversikt - 2015<br/> <a href="https://www.fhi.no/publ/2015/synet-blir-bedre-med-vegf-hemmer-hos-personer-som-har-aldersrelatert-makula/">https://www.fhi.no/publ/2015/synet-blir-bedre-med-vegf-hemmer-hos-personer-som-har-aldersrelatert-makula/</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Helsebibliotekets retningslinjer og veiledere</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Søkehistorie:</b>     | Sett gjennom emnegruppe Øye                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Treff:</b>            | <p>Oftalmologi - Nasjonal kvalitetshåndbok for oftalmologi. Norsk oftalmologisk forening (NOF), 2019<br/> <a href="https://www.helsebiblioteket.no/innhold/retningslinjer/oftalmologi-nasjonal-kvalitetshandbok-for-oftalmologi">https://www.helsebiblioteket.no/innhold/retningslinjer/oftalmologi-nasjonal-kvalitetshandbok-for-oftalmologi</a></p> <p>Norsk legemiddelhåndbok, T7 Øyesykdommer, 2018<br/> <a href="https://www.legemiddelhandboka.no/T7/%C3%98yesykdommer">https://www.legemiddelhandboka.no/T7/%C3%98yesykdommer</a></p> |

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| <b>Database/ressurs:</b> | <a href="#">NICE Guidance (UK)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Søkehistorie:</b>     | Browse by Topic > Conditions and Diseases > Eye conditions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Treff:</b>            | <p>All NICE products on eye conditions. Includes any guidance, advice and quality standards. Lenke til alle 76 NICE publikasjoner:<br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions</a></p> <p><a href="#">Lenker til separate lister (over de 76 publikasjonene):</a></p> <p><b>NICE Guidelines (4)</b></p> <p>Diabetic retinopathy<br/> In development [GID-NG10256] Expected publication date: 02 February 2024<br/> <a href="https://www.nice.org.uk/guidance/indevelopment/gid-ng10256">https://www.nice.org.uk/guidance/indevelopment/gid-ng10256</a></p> <p>I</p> <p>Glaucoma: diagnosis and management<br/> NICE guideline [NG81] Last updated: 26 January 2022 Published: 1 November 2017<br/> <a href="https://www.nice.org.uk/guidance/ng81">https://www.nice.org.uk/guidance/ng81</a></p> <p>Age-related macular degeneration</p> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 10</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00                |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>NICE guideline [NG82] Published: 23 January 2018<br/> <a href="https://www.nice.org.uk/guidance/ng82">https://www.nice.org.uk/guidance/ng82</a></p> <p>Cataracts in adults: management<br/> NICE guideline [NG77] Published: 26 October 2017<br/> <a href="https://www.nice.org.uk/guidance/ng77">https://www.nice.org.uk/guidance/ng77</a></p> <p><b>NICE Guidance (66)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=Guidance&amp;Status=Published">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=Guidance&amp;Status=Published</a></p> <p><b>NICE Advice (9)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=Advice&amp;Status=Published">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=Advice&amp;Status=Published</a></p> <p><b>NICE Quality Standards (1)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=QualityStandards&amp;Status=Published">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?ProductType=QualityStandards&amp;Status=Published</a></p> <p><b>Interventional procedures guidance (42)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?GuidanceProgramme=IPG">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?GuidanceProgramme=IPG</a></p> <p><b>Technology appraisal guidance (43)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?GuidanceProgramme=TA">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?GuidanceProgramme=TA</a></p> <p><b>Medtech innovation briefings (9)</b><br/> <a href="https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?AdviceProgramme=MIB">https://www.nice.org.uk/guidance/conditions-and-diseases/eye-conditions/products?AdviceProgramme=MIB</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Socialstyrelsen, Nationella riktlinjer (SE)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Søkehistorie:</b>     | Sett gjennom liste<br>Søkt på: ögon, ögonsjukdomar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Treff:</b>            | <p>Nationella riktlinjer för diabetesvård, 2018<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/regler-och-riktlinjer/nationella-riktlinjer/riktlinjer-och-utvarderingar/diabetes/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/regler-och-riktlinjer/nationella-riktlinjer/riktlinjer-och-utvarderingar/diabetes/</a></p> <p>Optikushypoplasi. Sällsynta hälsotillstånd, 2023<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/optikushypoplasi/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/optikushypoplasi/</a></p> <p>Hereditär gelsolinamyloidosis. Sällsynta hälsotillstånd, 2023<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/hereditar-gelsolinamyloidosis/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/hereditar-gelsolinamyloidosis/</a></p> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 11</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00                |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Retinoblastom. Sällsynta hälsotillstånd, 2022<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/retinoblastom/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/retinoblastom/</a></p> <p>Gillespies syndrom. Sällsynta hälsotillstånd, 2021<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/gillespies-syndrom/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/gillespies-syndrom/</a></p> <p>Lebers hereditära optikusneuropati. Sällsynta hälsotillstånd, 2016<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/lebers-hereditara-optikusneuropati/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/lebers-hereditara-optikusneuropati/</a></p> <p>Retinitis pigmentosa, tidig form. Sällsynta hälsotillstånd, 2016<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/retinitis-pigmentosa-tidig-form/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/retinitis-pigmentosa-tidig-form/</a></p> <p>Bests vitelliforma makuladystrofi. Sällsynta hälsotillstånd, 2015<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/bests-vitelliforma-makuladystrofi/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/bests-vitelliforma-makuladystrofi/</a></p> <p>Primärt kongenitalt glaukom. Sällsynta hälsotillstånd, 2015<br/> <a href="https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/primart-kongenitalt-glaukom/">https://www.socialstyrelsen.se/kunskapsstod-och-regler/omraden/sallsynta-halsotillstand/primart-kongenitalt-glaukom/</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Sundhedsstyrelsen, Nationale kliniske retningslinjer (DK)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Søkehistorie:</b>     | Sett gjennom listen Nationale Kliniske Retningslinjer<br><br>Søkt på: øje, øjne, øjen*, retin*, netthinne, macul*, stær, øjenkirurgi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Treff:</b>            | Pakkeforløb for kræft i øjne og orbita. Sundhedsstyrelsen, 2016<br><a href="https://www.sst.dk/da/udgivelser/2016/Pakkeforloeb-for-kræft-i-øjne-og-orbita">https://www.sst.dk/da/udgivelser/2016/Pakkeforloeb-for-kræft-i-øjne-og-orbita</a><br><br>Opfølgingsprogram for kræft i øjne. Sundhedsstyrelsen, 2015<br><a href="https://www.sst.dk/da/udgivelser/2015/Opfoelgningsprogram-for-Kræft-i-øjne">https://www.sst.dk/da/udgivelser/2015/Opfoelgningsprogram-for-Kræft-i-øjne</a><br><br>Vejledning om øjenbetændelse. Sundhedsstyrelsen, 2013<br><a href="https://www.sst.dk/da/udgivelser/2013/Oejenbetaendelse">https://www.sst.dk/da/udgivelser/2013/Oejenbetaendelse</a><br><br>Overskydende hud på øvre øjenlåg - faglige visitationsretningslinjer. Sundhedsstyrelsen, 2012<br><a href="https://www.sst.dk/da/udgivelser/2012/Overskydende-hud-paa-oevre-øjnelaag--Faglige-visitationsretningslinjer">https://www.sst.dk/da/udgivelser/2012/Overskydende-hud-paa-oevre-øjnelaag--Faglige-visitationsretningslinjer</a> |

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|  SØRLANDET SYKEHUS |                                                                                                       | Veiledende plan for sykepleiepraksis: Øye                         |                              |                                                                | Side: 12<br>Av: 32 |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00  |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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| <b>Kommentar:</b> | <p>NKR: Behandling af aldersbetinget grå stær, 2020 - Anbefalingerne er ikke længere gældende<br/> <a href="https://www.sst.dk/da/udgivelser/2020/nkr-behandling-af-aldersbetinget-graa-staer">https://www.sst.dk/da/udgivelser/2020/nkr-behandling-af-aldersbetinget-graa-staer</a></p> <p>Eldre utgivelser:<br/>           Intravitreal angiostatisk behandling af neovaskulær (våd) aldersrelateret maculadegeneration (anti-VEGF-behandling) Sundhedsstyrelsen, 2006<br/> <a href="https://www.sst.dk/da/udgivelser/2006/Intravitreal-angiostatisk-behandling-af-neovaskulaer-vaad-aldersrelateret-maculadegeneration-anti-VE">https://www.sst.dk/da/udgivelser/2006/Intravitreal-angiostatisk-behandling-af-neovaskulaer-vaad-aldersrelateret-maculadegeneration-anti-VE</a></p> <p>Fotodynamisk behandling af karyndannelse bag øjets nethinde - en medicinsk teknologivurdering. Sundhedsstyrelsen, 2002<br/> <a href="https://www.sst.dk/da/udgivelser/2002/Fotodynamisk-behandling-af-karyndannelse-bag-oejets-nethinde---en-medicinsk-teknologivurdering">https://www.sst.dk/da/udgivelser/2002/Fotodynamisk-behandling-af-karyndannelse-bag-oejets-nethinde---en-medicinsk-teknologivurdering</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Center for kliniske retningslinjer (DK)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Søkehistorie:</b>     | Sett gjennom Godkente retningslinjer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Treff:</b>            | <p>Nationale Infektionshygiejniske Retningslinjer for desinfektion i sundhedssektoren, Central Enhed for Infektionshygiejne, Statens Serum Institut, 2023<br/> <a href="https://cfkr.dk/retningslinjer/godkendte-retningslinjer/aktivitet/nationale-infektionshygiejniske-retningslinjer-for-desinfektion-i-sundhedssektoren/">https://cfkr.dk/retningslinjer/godkendte-retningslinjer/aktivitet/nationale-infektionshygiejniske-retningslinjer-for-desinfektion-i-sundhedssektoren/</a></p> <p>Nationale Infektionshygiejniske Retningslinjer for det præ-, per- og postoperative område, 2020<br/> <a href="https://cfkr.dk/retningslinjer/nationale-infektionshygiejniske-retningslinjer-for-det-prae-per-og-postoperative-omraade/">https://cfkr.dk/retningslinjer/nationale-infektionshygiejniske-retningslinjer-for-det-prae-per-og-postoperative-omraade/</a></p> <p>Nationale Infektionshygiejniske Retningslinjer (NIR) om generelle forholdsregler i sundhedssektoren, Statens Serum Institut, 2017<br/> <a href="https://cfkr.dk/retningslinjer/godkendte-retningslinjer/aktivitet/nationale-infektionshygiejniske-retningslinjer-nir-om-generelle-forholdsregler-i-sundhedssektoren/">https://cfkr.dk/retningslinjer/godkendte-retningslinjer/aktivitet/nationale-infektionshygiejniske-retningslinjer-nir-om-generelle-forholdsregler-i-sundhedssektoren/</a></p> <p>Klinisk retningslinje for perioperativ desinfektion af øje og øjenomgivelser til patienter til øjenoperation. Center for Kliniske Retningslinjer, 2014<br/> <a href="https://cfkr.dk/retningslinjer/godkendte-retningslinjer/hud-og-slimhinder/kr-oejen-desinfektion/">https://cfkr.dk/retningslinjer/godkendte-retningslinjer/hud-og-slimhinder/kr-oejen-desinfektion/</a></p> |

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| <b>Database/ressurs:</b> | <a href="#">Nursing Reference Center</a> |
| <b>Søkehistorie:</b>     |                                          |

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|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------|--------------------------------------------------------------------|----------------------------------|
|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 13</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|               | <p>Title: ophthalm* OR eye OR eyes OR retina* OR retino* OR cornea* OR cataract* OR glaucom* OR strabismus OR macular OR conjunctivitis OR optic* OR ocular OR intraocular OR oculo* OR visual OR visually OR vision OR blindness</p> <p>Narrow by</p> <p>Nursing Specialty: - ophthalmic nursing</p> <p>Quick Lessons, Evidence Based Care Sheets, Skills</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Treff:</b> | <p>40</p> <p>Wilson KMBS. <b>Removing a Foreign Body From the Eye</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703819&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703819&amp;site=nup-live&amp;scope=site</a></p> <p>Wilson KMBS. <b>Irrigating the Eye</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703921&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703921&amp;site=nup-live&amp;scope=site</a></p> <p>Spears TRM, Kubik LM. <b>Assessing Visual Acuity in Adults</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T704708&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T704708&amp;site=nup-live&amp;scope=site</a></p> <p>Schub EBR. <b>Fluorescein Staining of the Eyes</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T705406&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T705406&amp;site=nup-live&amp;scope=site</a></p> <p>Kubik LM. <b>Providing Eye Care for Patients who are Comatose</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T706146&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T706146&amp;site=nup-live&amp;scope=site</a></p> <p>Gilbert RM. <b>Patching the Eye</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703987&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703987&amp;site=nup-live&amp;scope=site</a></p> <p>Gilbert RM. <b>Removing an Artificial Eye</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T914165&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T914165&amp;site=nup-live&amp;scope=site</a></p> <p>Dixon BMRC. <b>Assisting With Laser Eye Surgery</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.</p> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                     |                                                                        |                                     |                                                                    | <b>Side: 14</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjøggestad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjøggestad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p><a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T707658&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T707658&amp;site=nup-live&amp;scope=site</a></p> <p>Constantine LDF-BA. <b>Inserting an Artificial Eye</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T914162&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T914162&amp;site=nup-live&amp;scope=site</a></p> <p>Brown JRF-CN. <b>Administering Eye Drops</b>. Ipswich, Massachusetts: EBSCO Publishing; 2023.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703816&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703816&amp;site=nup-live&amp;scope=site</a></p> <p>Mennella HDA-B, Kornusky JRM. <b>Macular Degeneration, Age-Related: Treatment</b>. Ipswich, Massachusetts: EBSCO Publishing; 2021.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702270&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702270&amp;site=nup-live&amp;scope=site</a></p> <p>DeVesty GBM, Avital ORBM. <b>Macular Degeneration, Age-Related: Quality of Life</b>. Ipswich, Massachusetts: EBSCO Publishing; 2021.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702236&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702236&amp;site=nup-live&amp;scope=site</a></p> <p>Caple CRBM, Schub TB. <b>Macular Degeneration: Screening and Early Detection</b>. Ipswich, Massachusetts: EBSCO Publishing; 2021.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702219&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702219&amp;site=nup-live&amp;scope=site</a></p> <p>Cabrera GM, Heering HRC. <b>Macular Degeneration, Age-Related: Risks and Prevention</b>. Ipswich, Massachusetts: EBSCO Publishing; 2021.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702221&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702221&amp;site=nup-live&amp;scope=site</a></p> <p>Uribe LMPM, Schub TB. <b>Macular Degeneration, Age-Related</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T700488&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T700488&amp;site=nup-live&amp;scope=site</a></p> <p>Uribe LMPM, Schiebel DF. <b>Retinopathy of Prematurity</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702218&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702218&amp;site=nup-live&amp;scope=site</a></p> <p>Schub TB, Schiebel DF. <b>Refractive and Laser Eye Surgeries: Alternatives to LASIK</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.</p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 15</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p><a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T700963&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T700963&amp;site=nup-live&amp;scope=site</a></p> <p>Schub TB, Oji ODAF-B. <b>Strabismus</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702359&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702359&amp;site=nup-live&amp;scope=site</a></p> <p>Schub TB, March PP. <b>Diabetes Mellitus: Pregnancy-Related Retinopathy</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703379&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T703379&amp;site=nup-live&amp;scope=site</a></p> <p>Schub TB, Holle MRBO. <b>Melanoma: Ocular Type</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702003&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702003&amp;site=nup-live&amp;scope=site</a></p> <p>Parks-Chapman JRB, Cabrera GM. <b>Glaucoma</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T906161&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T906161&amp;site=nup-live&amp;scope=site</a></p> <p>Mennella HDA-B, March PP. <b>Dry Eye Syndrome</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T701987&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T701987&amp;site=nup-live&amp;scope=site</a></p> <p>March PP, Woten MRB. <b>Macular Degeneration: Psychosocial Aspects</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T701119&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T701119&amp;site=nup-live&amp;scope=site</a></p> <p>Lawton MR, Schiebel DF. <b>Retinoblastoma</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702317&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T702317&amp;site=nup-live&amp;scope=site</a></p> <p>Lawrence PRMBBC, Smith NRM. <b>Conjunctivitis, Bacterial: an Overview</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.<br/> <a href="https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T704743&amp;site=nup-live&amp;scope=site">https://search.ebscohost.com/login.aspx?direct=true&amp;db=nup&amp;AN=T704743&amp;site=nup-live&amp;scope=site</a></p> <p>Kornusky JRM, March PP. <b>Neuromyelitis Optica</b>. Ipswich, Massachusetts: EBSCO Publishing; 2018.</p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 16</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 17</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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| <b>Database/ressurs:</b> | <a href="#">UpToDate</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Søkehistorie:</b>     | Topics by specialty<br>> Primary care (Adult) > Primary care ophthalmology<br>> Pediatrics > Pediatric ophthalmology<br>> Patient Education: Eyes and vision<br><br>Søkt på eye, ophthalmic                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Treff:</b>            | Age-related macular degeneration<br><a href="http://www.uptodate.com/contents/6901">http://www.uptodate.com/contents/6901</a><br><br>Angle-closure glaucoma<br><a href="http://www.uptodate.com/contents/6903">http://www.uptodate.com/contents/6903</a><br><br>Approach to the adult with acute persistent visual loss<br><a href="http://www.uptodate.com/contents/6902">http://www.uptodate.com/contents/6902</a><br><br>Approach to diagnosis and initial treatment of eye injuries in the emergency department<br><a href="http://www.uptodate.com/contents/13903">http://www.uptodate.com/contents/13903</a> |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 18</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Blepharitis<br/> <a href="http://www.uptodate.com/contents/6915">http://www.uptodate.com/contents/6915</a></p> <p>Cataract in adults<br/> <a href="http://www.uptodate.com/contents/6904">http://www.uptodate.com/contents/6904</a></p> <p>Complications of contact lenses<br/> <a href="http://www.uptodate.com/contents/6913">http://www.uptodate.com/contents/6913</a></p> <p>Conjunctivitis<br/> <a href="http://www.uptodate.com/contents/6907">http://www.uptodate.com/contents/6907</a></p> <p>Corneal abrasions and corneal foreign bodies: Clinical manifestations and diagnosis<br/> <a href="http://www.uptodate.com/contents/6897">http://www.uptodate.com/contents/6897</a></p> <p>Diabetic retinopathy: Classification and clinical features<br/> <a href="http://www.uptodate.com/contents/1783">http://www.uptodate.com/contents/1783</a></p> <p>Diabetic retinopathy: Prevention and treatment<br/> <a href="http://www.uptodate.com/contents/1773">http://www.uptodate.com/contents/1773</a></p> <p>Dry eye disease<br/> <a href="http://www.uptodate.com/contents/6894">http://www.uptodate.com/contents/6894</a></p> <p>Eyelid lesions<br/> <a href="http://www.uptodate.com/contents/6898">http://www.uptodate.com/contents/6898</a></p> <p>Herpes simplex keratitis<br/> <a href="http://www.uptodate.com/contents/6896">http://www.uptodate.com/contents/6896</a></p> <p>Keratoconus<br/> <a href="http://www.uptodate.com/contents/16290/">http://www.uptodate.com/contents/16290/</a></p> <p>Laser refractive surgery<br/> <a href="http://www.uptodate.com/contents/6908">http://www.uptodate.com/contents/6908</a></p> <p>Open-angle glaucoma: Epidemiology, clinical presentation, and diagnosis<br/> <a href="http://www.uptodate.com/contents/6909">http://www.uptodate.com/contents/6909</a></p> <p>Open-angle glaucoma: Treatment<br/> <a href="http://www.uptodate.com/contents/15695">http://www.uptodate.com/contents/15695</a></p> <p>Overview of eye injuries in the emergency department<br/> <a href="http://www.uptodate.com/contents/104455">http://www.uptodate.com/contents/104455</a></p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 19</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Overview of contact lenses<br/> <a href="http://www.uptodate.com/contents/6906">http://www.uptodate.com/contents/6906</a></p> <p>Photokeratitis<br/> <a href="http://www.uptodate.com/contents/6914">http://www.uptodate.com/contents/6914</a></p> <p>Pterygium<br/> <a href="http://www.uptodate.com/contents/6899">http://www.uptodate.com/contents/6899</a></p> <p>Retinal detachment<br/> <a href="http://www.uptodate.com/contents/6910">http://www.uptodate.com/contents/6910</a></p> <p>Retinal vein occlusion: Epidemiology, clinical manifestations, and diagnosis<br/> <a href="http://www.uptodate.com/contents/15264">http://www.uptodate.com/contents/15264</a></p> <p>Retinal vein occlusion: Treatment<br/> <a href="http://www.uptodate.com/contents/15263">http://www.uptodate.com/contents/15263</a></p> <p>Retinitis pigmentosa: Clinical presentation and diagnosis<br/> <a href="http://www.uptodate.com/contents/6905">http://www.uptodate.com/contents/6905</a></p> <p>Retinitis pigmentosa: Treatment<br/> <a href="http://www.uptodate.com/contents/15263">http://www.uptodate.com/contents/15263</a></p> <p>The red eye: Evaluation and management<br/> <a href="http://www.uptodate.com/contents/6900">http://www.uptodate.com/contents/6900</a></p> <p>Toxic conjunctivitis<br/> <a href="http://www.uptodate.com/contents/5555">http://www.uptodate.com/contents/5555</a></p> <p>Uveitis: Etiology, clinical manifestations, and diagnosis<br/> <a href="http://www.uptodate.com/contents/5581">http://www.uptodate.com/contents/5581</a></p> <p>Uveitis: Treatment<br/> <a href="http://www.uptodate.com/contents/5592">http://www.uptodate.com/contents/5592</a></p> <p>Visual impairment in adults: Refractive disorders and presbyopia<br/> <a href="http://www.uptodate.com/contents/6895">http://www.uptodate.com/contents/6895</a></p> <p>Approach to the child with leukocoria<br/> <a href="http://www.uptodate.com/contents/6259">http://www.uptodate.com/contents/6259</a></p> <p>Vision screening and assessment in infants and children<br/> <a href="http://www.uptodate.com/contents/6261">http://www.uptodate.com/contents/6261</a></p> <p>Child abuse: Anatomy and pathogenesis of retinal hemorrhages after abusive head trauma</p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 20</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p><a href="http://www.uptodate.com/contents/6611">http://www.uptodate.com/contents/6611</a></p> <p>Child abuse: Eye findings in children with abusive head trauma (AHT)<br/> <a href="http://www.uptodate.com/contents/6612">http://www.uptodate.com/contents/6612</a></p> <p>Overview of glaucoma in infants and children<br/> <a href="http://www.uptodate.com/contents/6272">http://www.uptodate.com/contents/6272</a></p> <p>Primary infantile glaucoma<br/> <a href="http://www.uptodate.com/contents/6273">http://www.uptodate.com/contents/6273</a></p> <p>Approach to the child with persistent tearing<br/> <a href="http://www.uptodate.com/contents/6262">http://www.uptodate.com/contents/6262</a></p> <p>Congenital nasolacrimal duct obstruction (dacryostenosis) and dacryocystocele<br/> <a href="http://www.uptodate.com/contents/6274">http://www.uptodate.com/contents/6274</a></p> <p>Cataract in children<br/> <a href="http://www.uptodate.com/contents/6270">http://www.uptodate.com/contents/6270</a></p> <p>Ectopia lentis (dislocated lens) in children<br/> <a href="http://www.uptodate.com/contents/6264">http://www.uptodate.com/contents/6264</a></p> <p>Congenital and acquired abnormalities of the optic nerve<br/> <a href="http://www.uptodate.com/contents/6267">http://www.uptodate.com/contents/6267</a></p> <p>Fourth cranial nerve (trochlear nerve) palsy<br/> <a href="http://www.uptodate.com/contents/6268">http://www.uptodate.com/contents/6268</a></p> <p>Horner syndrome<br/> <a href="http://www.uptodate.com/contents/5249">http://www.uptodate.com/contents/5249</a></p> <p>Myopathies affecting the extraocular muscles in children<br/> <a href="http://www.uptodate.com/contents/6271">http://www.uptodate.com/contents/6271</a></p> <p>Ocular gaze disorders<br/> <a href="http://www.uptodate.com/contents/6257">http://www.uptodate.com/contents/6257</a></p> <p>Optic neuritis: Pathophysiology, clinical features, and diagnosis<br/> <a href="http://www.uptodate.com/contents/5251">http://www.uptodate.com/contents/5251</a></p> <p>Pendular nystagmus<br/> <a href="http://www.uptodate.com/contents/5111">http://www.uptodate.com/contents/5111</a></p> <p>Sixth cranial nerve (abducens nerve) palsy<br/> <a href="http://www.uptodate.com/contents/6256">http://www.uptodate.com/contents/6256</a></p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 21</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Third cranial nerve (oculomotor nerve) palsy in children<br/> <a href="http://www.uptodate.com/contents/6258">http://www.uptodate.com/contents/6258</a></p> <p>Retinopathy of prematurity (ROP): Risk factors, classification, and screening<br/> <a href="http://www.uptodate.com/contents/6263">http://www.uptodate.com/contents/6263</a></p> <p>Retinopathy of prematurity (ROP): Treatment and prognosis<br/> <a href="http://www.uptodate.com/contents/111238">http://www.uptodate.com/contents/111238</a></p> <p>Amblyopia in children: Classification, screening, and evaluation<br/> <a href="https://www.uptodate.com/contents/amblyopia-in-children-classification-screening-and-evaluation">https://www.uptodate.com/contents/amblyopia-in-children-classification-screening-and-evaluation</a></p> <p>Amblyopia in children: Management and outcome<br/> <a href="https://www.uptodate.com/contents/amblyopia-in-children-management-and-outcome">https://www.uptodate.com/contents/amblyopia-in-children-management-and-outcome</a></p> <p>Causes of horizontal strabismus in children<br/> <a href="https://www.uptodate.com/contents/causes-of-horizontal-strabismus-in-children">https://www.uptodate.com/contents/causes-of-horizontal-strabismus-in-children</a></p> <p>Causes of vertical strabismus in children<br/> <a href="https://www.uptodate.com/contents/causes-of-vertical-strabismus-in-children">https://www.uptodate.com/contents/causes-of-vertical-strabismus-in-children</a></p> <p>Evaluation and management of strabismus in children<br/> <a href="https://www.uptodate.com/contents/evaluation-and-management-of-strabismus-in-children">https://www.uptodate.com/contents/evaluation-and-management-of-strabismus-in-children</a></p> <p>Refractive errors in children<br/> <a href="https://www.uptodate.com/contents/refractive-errors-in-children">https://www.uptodate.com/contents/refractive-errors-in-children</a></p> <p>Retinoblastoma: Clinical presentation, evaluation, and diagnosis<br/> <a href="https://www.uptodate.com/contents/retinoblastoma-clinical-presentation-evaluation-and-diagnosis">https://www.uptodate.com/contents/retinoblastoma-clinical-presentation-evaluation-and-diagnosis</a></p> <p>Retinoblastoma: Treatment and outcome<br/> <a href="https://www.uptodate.com/contents/retinoblastoma-treatment-and-outcome">https://www.uptodate.com/contents/retinoblastoma-treatment-and-outcome</a></p> <p>Dry eye disease<br/> <a href="https://www.uptodate.com/contents/6894">https://www.uptodate.com/contents/6894</a></p> <p>Traumatic hyphema: Management<br/> <a href="https://www.uptodate.com/contents/95661">https://www.uptodate.com/contents/95661</a></p> <p>Clinical features and diagnosis of thyroid eye disease<br/> <a href="https://www.uptodate.com/contents/7825">https://www.uptodate.com/contents/7825</a></p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 22</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Pseudomonas aeruginosa infections of the eye, ear, urinary tract, gastrointestinal tract, and central nervous system<br/> <a href="https://www.uptodate.com/contents/3148">https://www.uptodate.com/contents/3148</a></p> <p>Topical chemical burns: Initial evaluation and management<br/> <a href="https://www.uptodate.com/contents/345">https://www.uptodate.com/contents/345</a></p> <p>Anesthesia for elective eye surgery<br/> <a href="https://www.uptodate.com/contents/94538">https://www.uptodate.com/contents/94538</a></p> <p>Patient education: Crossed eyes and lazy eye (The Basics)<br/> <a href="https://www.uptodate.com/contents/16726">https://www.uptodate.com/contents/16726</a></p> <p>Patient education: Detached retina (The Basics)<br/> <a href="https://www.uptodate.com/contents/85625">https://www.uptodate.com/contents/85625</a></p> <p>Patient education: Dry eye (The Basics)<br/> <a href="https://www.uptodate.com/contents/83060">https://www.uptodate.com/contents/83060</a></p> <p>Patient education: Cellulitis around the eye (The Basics)<br/> <a href="https://www.uptodate.com/contents/84001">https://www.uptodate.com/contents/84001</a></p> <p>Patient education: Conjunctivitis (pink eye) (The Basics)<br/> <a href="https://www.uptodate.com/contents/15479">https://www.uptodate.com/contents/15479</a></p> <p>Patient education: Chorioretinitis (The Basics)<br/> <a href="https://www.uptodate.com/contents/82974">https://www.uptodate.com/contents/82974</a></p> <p>Patient education: Subconjunctival hemorrhage (The Basics)<br/> <a href="https://www.uptodate.com/contents/131261">https://www.uptodate.com/contents/131261</a></p> <p>Patient education: Uveitis (The Basics)<br/> <a href="https://www.uptodate.com/contents/82908">https://www.uptodate.com/contents/82908</a></p> <p>Patient education: Chemical eye injury (The Basics)<br/> <a href="https://www.uptodate.com/contents/17205">https://www.uptodate.com/contents/17205</a></p> <p>Patient education: Corneal abrasion (The Basics)<br/> <a href="https://www.uptodate.com/contents/16984">https://www.uptodate.com/contents/16984</a></p> <p>Patient education: Photokeratitis (arc eye) (The Basics)<br/> <a href="https://www.uptodate.com/contents/82946">https://www.uptodate.com/contents/82946</a></p> <p>Patient education: Blepharitis (The Basics)<br/> <a href="https://www.uptodate.com/contents/83063">https://www.uptodate.com/contents/83063</a></p> <p>Patient education: Blocked tear ducts in babies (The Basics)</p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 23</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00                |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|                   | <a href="https://www.uptodate.com/contents/16717">https://www.uptodate.com/contents/16717</a><br><br>Patient education: Chalazion (The Basics)<br><a href="https://www.uptodate.com/contents/83738">https://www.uptodate.com/contents/83738</a><br><br>Patient education: Styte (The Basics)<br><a href="https://www.uptodate.com/contents/16336">https://www.uptodate.com/contents/16336</a><br><br>Patient education: Pterygium (The Basics)<br><a href="https://www.uptodate.com/contents/86732">https://www.uptodate.com/contents/86732</a><br><br>Patient education: Age-related macular degeneration (The Basics)<br><a href="https://www.uptodate.com/contents/age-related-macular-degeneration-the-basics">https://www.uptodate.com/contents/age-related-macular-degeneration-the-basics</a><br><br>Patient education: Age-related vision loss (The Basics)<br><a href="https://www.uptodate.com/contents/age-related-vision-loss-the-basics">https://www.uptodate.com/contents/age-related-vision-loss-the-basics</a><br><br>Patient education: Angle-closure glaucoma (The Basics)<br><a href="https://www.uptodate.com/contents/83393">https://www.uptodate.com/contents/83393</a><br><br>Patient education: Cataracts (The Basics)<br><a href="https://www.uptodate.com/contents/15844">https://www.uptodate.com/contents/15844</a><br><br>Patient education: Diabetic retinopathy (The Basics)<br><a href="https://www.uptodate.com/contents/15847">https://www.uptodate.com/contents/15847</a><br><br>Patient education: Open-angle glaucoma (The Basics)<br><a href="https://www.uptodate.com/contents/15845">https://www.uptodate.com/contents/15845</a><br><br>Patient education: Optic neuritis (The Basics)<br><a href="https://www.uptodate.com/contents/83437">https://www.uptodate.com/contents/83437</a><br><br>Patient education: Presbyopia and refractive errors (The Basics)<br><a href="https://www.uptodate.com/contents/16331">https://www.uptodate.com/contents/16331</a><br><br>Retinitis pigmentosa (The Basics)<br><a href="https://www.uptodate.com/contents/retinitis-pigmentosa-the-basics">https://www.uptodate.com/contents/retinitis-pigmentosa-the-basics</a><br>Retinopathy of prematurity (ROP) (The Basics)<br><a href="https://www.uptodate.com/contents/retinopathy-of-prematurity-rop-the-basics">https://www.uptodate.com/contents/retinopathy-of-prematurity-rop-the-basics</a> |
| <b>Kommentar:</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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| <b>Database/ressurs:</b> | <a href="#">BMJ Best Practice</a> |
| <b>Søkehistorie:</b>     | Specialties > Ophthalmology       |

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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 24</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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| <b>Treff:</b> | <p>Acute conjunctivitis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/68">https://bestpractice.bmj.com/topics/en-gb/68</a></p> <p>Age-related macular degeneration<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/554">https://bestpractice.bmj.com/topics/en-gb/554</a></p> <p>Amblyopia<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1162">https://bestpractice.bmj.com/topics/en-gb/1162</a></p> <p>Angle-closure glaucoma<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/372">https://bestpractice.bmj.com/topics/en-gb/372</a></p> <p>Assessment of ptosis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1168">https://bestpractice.bmj.com/topics/en-gb/1168</a></p> <p>Assessment of red eye<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/496">https://bestpractice.bmj.com/topics/en-gb/496</a></p> <p>Assessment of vision loss<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/960">https://bestpractice.bmj.com/topics/en-gb/960</a></p> <p>Astigmatism<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/762">https://bestpractice.bmj.com/topics/en-gb/762</a></p> <p>Blepharitis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/574">https://bestpractice.bmj.com/topics/en-gb/574</a></p> <p>Cataracts<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/499">https://bestpractice.bmj.com/topics/en-gb/499</a></p> <p>Corneal abrasions<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/500">https://bestpractice.bmj.com/topics/en-gb/500</a></p> <p>Diabetic retinopathy<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/532">https://bestpractice.bmj.com/topics/en-gb/532</a></p> <p>Dry eye disease<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/962">https://bestpractice.bmj.com/topics/en-gb/962</a></p> <p>Eye trauma<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/961">https://bestpractice.bmj.com/topics/en-gb/961</a></p> <p>Idiopathic intracranial hypertension<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1070">https://bestpractice.bmj.com/topics/en-gb/1070</a></p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 25</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <p>Keratitis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/561">https://bestpractice.bmj.com/topics/en-gb/561</a></p> <p>Night blindness<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/964">https://bestpractice.bmj.com/topics/en-gb/964</a></p> <p>Open-angle glaucoma<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/373">https://bestpractice.bmj.com/topics/en-gb/373</a></p> <p>Optic neuritis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/966">https://bestpractice.bmj.com/topics/en-gb/966</a></p> <p>Orbital fractures<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1172">https://bestpractice.bmj.com/topics/en-gb/1172</a></p> <p>Pterygium<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/963">https://bestpractice.bmj.com/topics/en-gb/963</a></p> <p>Retinal detachment<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/651">https://bestpractice.bmj.com/topics/en-gb/651</a></p> <p>Retinal vein occlusion<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/959">https://bestpractice.bmj.com/topics/en-gb/959</a></p> <p>Retinitis pigmentosa<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1144">https://bestpractice.bmj.com/topics/en-gb/1144</a></p> <p>Retinoblastoma<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/1055">https://bestpractice.bmj.com/topics/en-gb/1055</a></p> <p>Strabismus<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/689">https://bestpractice.bmj.com/topics/en-gb/689</a></p> <p>Stye and chalazion<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/214">https://bestpractice.bmj.com/topics/en-gb/214</a></p> <p>Trachoma<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/958">https://bestpractice.bmj.com/topics/en-gb/958</a></p> <p>Uveitis<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/407">https://bestpractice.bmj.com/topics/en-gb/407</a></p> <p>Xeroderma pigmentosum<br/> <a href="https://bestpractice.bmj.com/topics/en-gb/3000309">https://bestpractice.bmj.com/topics/en-gb/3000309</a></p> <p><b>Patient leaflets:</b></p> |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 26</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>Cataract surgery<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/3000199/Cataract%20surgery">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/3000199/Cataract%20surgery</a></p> <p>Cataracts: questions to ask your doctor<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/3000013/Cataracts%3A%20questions%20to%20ask%20your%20doctor">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/3000013/Cataracts%3A%20questions%20to%20ask%20your%20doctor</a></p> <p>Cataracts: should I have surgery?<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1536281390484/Cataracts%3A%20should%20I%20have%20surgery%3F">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1536281390484/Cataracts%3A%20should%20I%20have%20surgery%3F</a></p> <p>Conjunctivitis<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1530349519210/Conjunctivitis">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1530349519210/Conjunctivitis</a></p> <p>Glaucoma (open angle)<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1581709449852/Glaucoma%20%28open%20angle%29">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1581709449852/Glaucoma%20%28open%20angle%29</a></p> <p>Graves' disease<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1454680085607/Graves%E2%80%99disease">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1454680085607/Graves%E2%80%99disease</a></p> <p>Herpes simplex eye infection<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1537137628941/Herpes%20simplex%20eye%20infection">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1537137628941/Herpes%20simplex%20eye%20infection</a></p> <p>Macular degeneration<br/> <a href="https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1559653556344/Macular%20degeneration">https://bestpractice.bmj.com/patient-leaflets/en-gb/html/1559653556344/Macular%20degeneration</a></p> |
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| <b>Database/ressurs:</b> | <a href="#">Guideline International Network (G-I-N)</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Søkehistorie:</b>     | ophthalm*, eye, eyes, retina*, retino*, cornea*, cataract*, glaucom*, strabismus, macular, conjunctivitis, optic*, ocular, intraocular, oculo*, visual, visually, vision, blindness                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Treff:</b>            | <p>INESSS-Herpes simplex eye disease /INESSS-Atteintes oculaires à herpès simplex. INESSS (CA), 2018<br/> <a href="https://guidelines.ebmportal.com/inesss-herpes-simplex-eye-disease-inesss-atteintes-oculaires-herpes-simplex">https://guidelines.ebmportal.com/inesss-herpes-simplex-eye-disease-inesss-atteintes-oculaires-herpes-simplex</a></p> <p>Management of Glaucoma (Second Edition). HTA DoH (MY), 2017<br/> <a href="https://guidelines.ebmportal.com/management-glaucoma-second-edition">https://guidelines.ebmportal.com/management-glaucoma-second-edition</a></p> <p>Glaucoma referral and safe discharge. (SIGN CPG 144) SIGN (GB), 2015</p> |

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|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------|----------------------------------------------------------------|----------------------------------|
|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                      |                                                                   |                              |                                                                | <b>Side: 27</b><br><b>Av: 32</b> |
| Dokument-id:<br>I.2.1.7.4-20                                                                        | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00                |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|  | <a href="https://guidelines.ebmportal.com/glaucoma-referral-and-safe-discharge-sign-cpg-144">https://guidelines.ebmportal.com/glaucoma-referral-and-safe-discharge-sign-cpg-144</a><br><br>Screening of Diabetic Retinopathy. HTA DoH (MY), 2011<br><a href="https://guidelines.ebmportal.com/screening-diabetic-retinopathy">https://guidelines.ebmportal.com/screening-diabetic-retinopathy</a> |
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| Database/ressurs: | <a href="http://www.vardhandboken.se">www.vardhandboken.se</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Søkehistorie:     | Nasjonellt kliniskt kunskapsstöd > Ögonskador                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Treff:            | Ögonskador<br><a href="https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=65dea3c0-5f67-4dbb-9659-74b76eeca06&amp;selectionCode=profession_primarvard">https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=65dea3c0-5f67-4dbb-9659-74b76eeca06&amp;selectionCode=profession_primarvard</a><br><br>Öppenvinkelglaukom<br><a href="https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=53374da1-1b63-4ed7-a497-221decf7ecd3&amp;selectionCode=profession_specialiserad_vard">https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=53374da1-1b63-4ed7-a497-221decf7ecd3&amp;selectionCode=profession_specialiserad_vard</a><br><br>Ögonlockssjukdomar<br><a href="https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=d4a7c686-166c-44c6-b901-53834c820380&amp;selectionCode=profession_primarvard">https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=d4a7c686-166c-44c6-b901-53834c820380&amp;selectionCode=profession_primarvard</a><br><br>Ögonnära basalcellscancer<br><a href="https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=6209deac-b8b8-4989-a102-f4101b949dd2&amp;selectionCode=profession_specialiserad_vard">https://www.nationelltklinisktkunskapsstod.se/kunskapsstod/kliniskakunskapsstod/?uuid=6209deac-b8b8-4989-a102-f4101b949dd2&amp;selectionCode=profession_specialiserad_vard</a> |

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| Database/ressurs: | <a href="#">The Cochrane Library</a> (delbasene Cochrane Reviews, Clinical Answers)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Søkehistorie:     | #1MeSH descriptor: [Ophthalmologic Surgical Procedures] explode all trees7491<br>#2MeSH descriptor: [Eye] this term only898<br>#3MeSH descriptor: [Eye Diseases] explode all trees25712<br>#4MeSH descriptor: [Eye Manifestations] explode all trees 355<br>#5MeSH descriptor: [Visually Impaired Persons] explode all trees99<br>#6MeSH descriptor: [Diagnostic Techniques, Ophthalmological] explode all trees10260<br>#7MeSH descriptor: [Ocular Physiological Phenomena] this term only50<br>#8MeSH descriptor: [Visual Perception] explode all trees 11612<br>#9MeSH descriptor: [Ophthalmology] explode all trees285<br>#10MeSH descriptor: [Ophthalmologists] explode all trees 18<br>#11MeSH descriptor: [Optical Devices] explode all trees 5580<br>#12MeSH descriptor: [Orthoptics] explode all trees58<br>#13MeSH descriptor: [Ophthalmic Solutions] explode all trees 3984<br>#14(ophthalm* OR eye OR eyes OR retina* OR retino* OR cornea* OR cataract* OR glaucom* OR strabismus OR macular OR conjunctivitis OR optic* OR ocular |

|                                                                                                     |                                                                                                     |                                                                       |                                     |                                                                    |                                  |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 28</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjøggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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|                   | OR intraocular OR oculo* OR visual OR visually OR vision OR blindness):ti (Word variations have been searched)157662<br>#15#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14174592<br>#16MeSH descriptor: [Patient Care Management] explode all trees35910<br>#17MeSH descriptor: [Patient Education as Topic] explode all trees10091<br>#18MeSH descriptor: [Nursing Care] explode all trees2407<br>#19MeSH descriptor: [Patient Safety] explode all trees 1530<br>#20MeSH descriptor: [Quality of Life] explode all trees 44343<br>#21(care OR caring OR nursing OR nurse's OR nurse OR nurses OR educat* OR informat* OR communicat* OR supervis* OR administ* OR observ* OR guid* OR clean* OR wash* OR drop* OR solution* OR dilat*):ti,ab,kw (Word variations have been searched)1117125<br>#22#16 OR #17 OR #18 OR #19 OR #20 OR #211133615<br>#23#15 AND #2298905<br><br>Custom date range: 01.01.2018 – 31.12.23<br>Topics: Eyes & Vision |
| <b>Treff:</b>     | <b>Cochrane Reviews: 114</b><br><b>Clinical Answers: 5</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Kommentar:</b> | 119 referanser finnes i EndNote-fil                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <b>Database/ressurs:</b> | <a href="#">PubMed</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Søkehistorie:</b>     | ((((("Ophthalmologic Surgical Procedures"[Majr] OR "Eye"[Majr] OR "Eye Diseases"[Majr] OR Eye Manifestations[Majr] OR Ophthalmic Solutions[Majr] OR Visually Impaired Persons[Majr] OR "Diagnostic Techniques, Ophthalmological"[Majr] OR "Ocular Physiological Phenomena"[Majr] OR "Visual Perception"[Majr] OR Ophthalmology[Majr] OR "Ophthalmologists"[Majr] OR Optical Devices[Majr] OR Orthoptics[Majr]) AND (ophthalm*[Title] OR eye[Title] OR eyes[Title] OR retina*[Title] OR retino*[Title] OR cornea*[Title] OR cataract*[Title] OR glaucom*[Title] OR strabismus[Title] OR macular[Title] OR conjunctivitis[Title] OR optic*[Title] OR ocular[Title] OR intraocular[Title] OR oculo*[Title] OR visual[Title] OR visually[Title] OR vision[Title] OR blindness[Title])) AND (nursing[tw] OR nurse's[tw] OR nurse[tw] OR nurses[tw] OR "Patient Care"[Mesh:NoExp] OR Nursing Care[Mesh] OR "Psychiatry and Psychology Category"[Mesh] OR psychology[sh] OR "Patient Care Management"[Mesh] OR "Patient Education as Topic"[Mesh] OR "Quality of Life"[Mesh] OR "Patient Participation"[Mesh] OR "Patient Satisfaction"[Mesh] OR "Perioperative Care"[Mesh])) AND ("Meta-Analysis"[PT] OR Guideline[PT] OR "practice guideline"[PT] OR Practice Guidelines as topic[Mesh] OR (systematic[ti] AND (review[ti] OR reviews[ti] OR analysis[ti])) OR meta-analysis[ti] OR metaanalysis[ti] OR guideline*[ti] OR "Evidence-Based Nursing"[Mesh])<br><br>Filters applied: Danish, English, Norwegian, Swedish, from 2020/1/1 - 2023/12/31. |

|                                                                                   |                                                                                                       |                                                                   |                              |                                                                |                    |
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|  |                                                                                                       | Veiledende plan for sykepleiepraksis: Øye                         |                              |                                                                | Side: 29<br>Av: 32 |
| Dokument-id:<br>I.2.1.7.4-20                                                      | Utarbeidet av:<br>OUS, lokaltilpasset SSHF<br>ved Mari Sjeggstad<br>Bjørnsen, fagsykepleier 3C<br>SSA | Fagansvarlig:<br>Mari Sjeggstad Bjørnsen,<br>fagsykepleier 3C SSA | Godkjent dato:<br>09.11.2024 | Godkjent av:<br>På vegne av fagdirektøren<br>Ole Bjørn Kittang | Revisjon:<br>1.00  |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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| Treff: | 491 referanser finnes i EndNote-fil |
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## PICO-skjema til utarbeidelse av veiledende planer (VP) i OUS

|                    |                                                                                                              |
|--------------------|--------------------------------------------------------------------------------------------------------------|
| Navn VBP           | Øye                                                                                                          |
| Skjema nummer      | 1 ( slått sammen to tidligere VBP: «Øyesykepleie generell» og «Sykepleie til pasienter med netthinnesykdom») |
| Kontaktperson (er) | Eline Uthberg Omdal                                                                                          |
| Epost              | <a href="mailto:eliomd@ous-hf.no">eliomd@ous-hf.no</a>                                                       |

|                                                                                                     |
|-----------------------------------------------------------------------------------------------------|
| <b>Problemstilling formuleres som et presist spørsmål</b>                                           |
| Hvordan gi optimal sykepleie til pasienter med øyesykdom?<br>Behandles medisinsk og/eller kirurgisk |

|                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <b>Patient/problem</b><br>Hvilke pasienter/tilstand/<br>sykdom dreier det seg om? | <b>Patient/problem</b><br>Øyepasienter,<br>Pasient med Netthinnesykdommer (retinal diseases),                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Intervention</b><br>Hvilken intervensjon/<br>eksposisjon dreier det seg om?    | Øyedråper, dilatasjon, dryppeteknikk<br>Øyestell,<br>Smertelindring relatert til øyesykdommen eller operasjon på øye,<br>Observasjon i forhold til; infeksjons tegn, trykkøkning og smerter<br>Informasjon, veiledning,<br>kommunikasjon, undervisning,<br>Tilrettelegging av miljø ved synsproblemer,<br>hjelp ADL<br>Leie – ansiktet ned/mageleie<br>emosjonell støtte,<br>pre/post operativ sykepleie<br>sykepleie når pasienter må fjerne øye<br>planlegge utskrivelse |
| <b>Comparison</b><br>Hva sammenlignes<br>intervensjonen med?                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Outcome</b><br>Hvilke resultat/effekter er av<br>interesse?                    | fornøye pasienter,<br>smertefri, økt kunnskap og forståelse av sykdom,<br>økt funksjonsnivå, bevare<br>mulig syn, trygghet, riktig<br>dryppeteknikk,                                                                                                                                                                                                                                                                                                                       |

|                                                                                                                                                                                                              |                                                                                   |
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| <b>Hva slags type spørsmål er dette?</b>                                                                                                                                                                     | <b>Er det aktuelt med søk i Lovdata etter<br/>relevante lover og forskrifter?</b> |
| <input type="checkbox"/> Diagnose <input type="checkbox"/> Etiologi <input checked="" type="checkbox"/> Erfaringer<br><input type="checkbox"/> Diagnose <input checked="" type="checkbox"/> Effekt av tiltak | <input checked="" type="checkbox"/> Ja<br><input type="checkbox"/> Nei            |

|                                                                                                                                                                                                                                                              |                                                  |
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| <b>Hvilke søkeord er aktuelle for å dekke problemstillingen?</b><br>Bruk om mulig engelske ord, og pass på å få med alle synonymer. Del opp søkeordene etter hva som gjelder/beskriver pasienten, intervensjonen/eksposisjonen, sammenligningen og utfallet. |                                                  |
| <b>P</b><br>Person/pasient/problem                                                                                                                                                                                                                           | Eye Diseases<br>Eye Patient<br>Ophtalmic patient |

|                                                                                   |                                                                                                                                          |                                                                                        |                                            |                                                                                     |                                  |
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|  |                                                                                                                                          | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                       |                                            |                                                                                     | <b>Side: 30</b><br><b>Av: 32</b> |
| <b>Dokument-id:</b><br><b>I.2.1.7.4-20</b>                                        | <b>Utarbeidet av:</b><br><b>OUS, lokaltilpasset SSHF</b><br><b>ved Mari Sjeggstad</b><br><b>Bjørnsen, fagsykepleier 3C</b><br><b>SSA</b> | <b>Fagansvarlig:</b><br><b>Mari Sjeggstad Bjørnsen,</b><br><b>fagsykepleier 3C SSA</b> | <b>Godkjent dato:</b><br><b>09.11.2024</b> | <b>Godkjent av:</b><br><b>På vegne av fagdirektøren</b><br><b>Ole Bjørn Kittang</b> | <b>Revisjon:</b><br><b>1.00</b>  |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

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|                                      | Ophtalmology<br>visually impaired person<br>Retinal patient,                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>I</b><br>Intervensjon/eksposisjon | Nursing<br>Ophtalmic Solutions, eye drops, Dilatation, eye drop installation technique<br>Eye care( øyestell)<br>Ocular pain management , surgery<br>Information, communication,<br>Guidance, supervision, education<br>Observation , prevention and control ( infections, intra ocular pressure IOP, pain)<br>Facilitating health environment<br>Face down posituring<br>Prone Positioning,<br>Patient Positioning<br>Pre- and post-surgery nursing<br>Nursing when the patient has to remove the eye |
| <b>C</b><br>Evt. sammenligning       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>O</b><br>Resultat/utfall          | Patient satisfaction<br>Coping<br>Pain relief<br>increased knowledge<br>increased level of<br>function<br>keep Vision, Visual<br>akuity<br>safety<br>proper administration of<br>eye drops/ installation technique                                                                                                                                                                                                                                                                                     |

## PICOSKJEMA VEILEDENDE PLAN

|                                                                                                     |                                                                                |                                                              |                                                              |
|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| <b>Veiledende Plan:</b><br><b>Skjemanummer:</b><br><b>Kontaktperson(er):</b><br><b>Epost:</b>       |                                                                                |                                                              |                                                              |
| <b>Problemstilling formuleres som et presist spørsmål. Spørsmålet skal bestå av følgende deler:</b> |                                                                                |                                                              |                                                              |
| <b>Patient/problem</b><br>Hvilke pasienter/tilstand/<br>sykdom dreier det seg om?                   | <b>Intervention</b><br>Hvilken intervensjon/<br>eksposisjon dreier det seg om? | <b>Comparison</b><br>Hva sammenlignes<br>intervensjonen med? | <b>Outcome</b><br>Hvilke resultat/effekt er av<br>interesse? |
| <b>Fullstendig spørsmål:</b>                                                                        |                                                                                |                                                              |                                                              |
| Hva slags type spørsmål er dette?                                                                   |                                                                                | Er det aktuelt med søk i Lovdata etter relevante lover       |                                                              |

|                                                                                                     |                                                                                                     |                                                                       |                                     |                                                                    |                                  |
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|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                    |                                                                       |                                     |                                                                    | <b>Side: 31</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF ved Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen, fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

Foretaksnivå/Klinisk dokumentasjon og pasientadministrasjon/DIPS - elektronisk pasientjournal/Klinisk dokumentasjon av sykepleie/Veiledende behandlingsplaner

|                                                                        |                                                                                |                                     |                                                                                       |
|------------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------|
| <input type="checkbox"/> Diagnose<br><input type="checkbox"/> Prognose | <input type="checkbox"/> Etiologi<br><input type="checkbox"/> Effekt av tiltak | <input type="checkbox"/> Erfaringer | <b>og forskrifter?</b><br><input type="checkbox"/> Ja<br><input type="checkbox"/> Nei |
|------------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------|

**Hvilke søkeord er aktuelle for å dekke problemstillingen?**

Bruk engelske ord, og pass på å få med alle synonymer. Del opp søkeordene etter hva som gjelder/beskriver pasienten, intervensjonen/eksposisjonen, sammenligningen og utfallet.

| <b>P</b><br>Person/pasient/problem | <b>I</b><br>Intervensjon/eksposisjon | <b>C</b><br>Evt. sammenligning | <b>O</b><br>Resultat/utfall |
|------------------------------------|--------------------------------------|--------------------------------|-----------------------------|
|                                    |                                      |                                |                             |

|                                                                                                     |                                                                                                                    |                                                                            |                                     |                                                                         |                                  |
|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------|-------------------------------------------------------------------------|----------------------------------|
|  SØRLANDET SYKEHUS | <b>Veiledende plan for sykepleiepraksis: Øye</b>                                                                   |                                                                            |                                     |                                                                         | <b>Side: 32</b><br><b>Av: 32</b> |
| Dokument-id:<br><b>I.2.1.7.4-20</b>                                                                 | Utarbeidet av:<br><b>OUS, lokaltilpasset SSHF<br/> ved Mari Sjeggstad<br/> Bjørnsen, fagsykepleier 3C<br/> SSA</b> | Fagansvarlig:<br><b>Mari Sjeggstad Bjørnsen,<br/> fagsykepleier 3C SSA</b> | Godkjent dato:<br><b>09.11.2024</b> | Godkjent av:<br><b>På vegne av fagdirektøren<br/> Ole Bjørn Kittang</b> | Revisjon:<br><b>1.00</b>         |

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## Kryssreferanser

## Eksterne referanser